



## Starlight to benefit from charity ride

NORTH Epping businessman and founding member of the Tour de Kids, Andrew Gibbons has swapped the pinstripe suit for the tight lycra bike shorts to ride 1100km for charity.

Mr Gibbons, from the outdoor adventure company Higher Ground Australia, hope that the event which starts on March 30 will raise \$70,000 for the Starlight Childrens Foundation.

About 40 corporate heavy-weights and Olympic gold medalist Stephen Wooldridge will set out from Albury to ride to Centennial Park over eight days.

This will be Mr Gibbons seventh Tour de Kids.

He said he had decided to take up the challenge after hearing about how the experience had affected other people who have undertaken the Tour.

"I ride to make a difference in the lives of those kids and families dealing with long term or serious illness. We have no idea what some people are going through so this is my small way to give something back," he said.

He has stepped up his training over the past couple of weeks and said he has never felt fitter or stronger.

"It can be pretty hard to get out of bed at 5.30 in the morning for the long rides, but you just think about who its for and that's enough to make you get going."

You can make a donation by visiting [www.tourdekids.org.au](http://www.tourdekids.org.au)